

5 Top Habits of Good Decision Makers

1. Go for win/win situations.

Always seek relationships and agreements that are mutually beneficial. However, in some cases, win/win deals can never be achieved. Just learn to accept the fact that agreeing to make "no deals" is the best alternative.

2. First things first.

Determine the primary roles that you want to take on in your life. Then, make time for them. If you need to spend countless hours doing things that contribute to your personal mission, please do.

3. Be proactive.

Change always starts from within. Productive and efficient people make their decisions to improve their lives through the aspects that they can influence, instead of just simply giving reactions to external forces.

4. Consider the Opposite.

Once you have decided that something is true, you are most likely to stick to that belief. This is a psychological principle called belief perseverance. The things that you assume to be 100% accurate can sometimes, lead you astray. Challenge your beliefs from time to time. Always argue the opposite.

5. No need to rush!

Decide only when you are ready to make the choice. Brilliant decision makers understand the complexities of the decision-making process, and refuse to rush everything. Never short-circuit it. Be committed in generating more options, and assessing them prior to finalizing the decision.